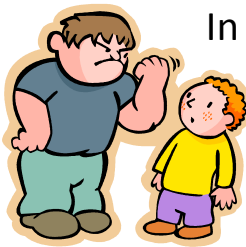


Bullying vs. Cyberbullying

Both types of bullying can lead to a person feeling sad, upset, angry, isolated, uncomfortable, embarrassed, etc. And both can have serious impact on both the person being bullied and the person doing the bullying.

Bullying:



In person; face-to-face

Age and physical size are sometimes a factor

Can be physical, verbal or social

Occurs at specific times – school, neighborhood, etc. – often when adults aren't around

Normally 1:1 or small group of people involved



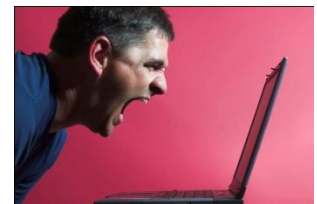
Cyberbullying:

Online; can be anonymous

Age and physical size make no difference

Verbal or social (not physical); often more harsh and hurtful online

Can occur 24/7 – does not stop once you get home



Can quickly spread to involve large groups of people – maybe people you don't even know

